

The River as Metaphor Project: A Whitewater Rafting and Writing Experience
Itinerary and Information: RAM II Program August 17th-22nd

Day 1

- 1000 Arrive at base. Collect and review any outstanding paperwork. Icebreakers and team building activities.
- 1200 Bag lunch
- 1230 Split groups
Period 1: Check for gear and clothing issues and group gear packing
Period 2: Check for gear and clothing issues and repackage food
- 1430 Trip expectations, review policies and procedures, snack
- 1530 Depart for campsite
Upon arrival at campsite, set up kitchen, set up tents. No trace camping instruction
- 1800 Dinner and cleanup
- 2000 Prewriting, reading, expedition debrief
- 2130 In tents, quiet time
- 2200 Lights out and quiet

Day 2

- 0600 Wake up and hygiene
- 0630 Breakfast and cleanup
- 0700 Expedition briefing, Writing Time
- 0745 Whitewater Rafting Androscoggin River, "E-Town Rapids"
- 1200 Lunch
- 1300 Writing Instruction, Debrief Rafting, Writing Time
- 1700 Downtime
- 1800 Dinner and cleanup
- 1930 Low impact camping training, wilderness discussion
- 2100 In tents, quiet time
- 2200 Lights out and quiet

Day 3

- 0600 Wake up and hygiene
- 0630 Breakfast and make and pack trail snack and lunch
- 0700 Expedition briefing
- 0730 Team building and games
- 0900 Service Project and Tour
- 1200 Lunch
- 1300 Afternoon activity (hike, bike, canoe, etc)
- 1700 Dinner and cleanup
- 1800 Expedition day debrief
- 2100 In tents, quiet time
- 2200 Lights out and quiet

Day 4

- 0600 Wake up and hygiene
- 0630 Breakfast and cleanup, make and pack trail lunch
- 0700 Expedition briefing
- 0730 Writing time
- 0800 Break camp
- 0900 Depart camp
- 1000 Whitewater Rafting Pontook Section of the Androscoggin River (multiple runs), Lunch
- 1500 Arrive at camp, setup camp, snack, down time
- 1600 Writing time
- 1700 Debrief day
- 1800 Dinner and cleanup
- 1900 Downtime
- 2000 Writing, Expedition Debrief
- 2100 In tents, quiet time
- 2200 Lights out and quiet

Day 5

- 0600 Wake up and hygiene
- 0630 Breakfast and cleanup, make and pack trail lunch
- 0700 Expedition briefing
- 0730 Solo Writing time
- 0900 Rejoin group, debrief experience, snack
- 0930 Depart camp
- 1000 Whitewater Rafting Magalloway River (multiple runs)
Lunch, float to camp after final run
- 1600 Writing time
- 1700 Debrief day
- 1800 Dinner and cleanup
- 1900 Campfire, sharing of writing and performance pieces

Day 6

- 0600 Wake up and hygiene
- 0630 Breakfast and cleanup, make and pack trail lunch
- 0700 Expedition briefing
- 0730 Wrap up activity
- 1200 Lunch
- 1245 Depart for base: On arrival at base, students and staff will de-issue gear, clean and dry group gear, clean out vehicles, dry tents, wash dishes, etc. Students will provide written feedback and staff will conduct brief student interviews.
- 1600 Final expedition debrief to prepare to bring the expedition to a conclusion.
- 1700 Parent pickup, no early pickups.

The above itinerary, although well thought out and detailed, is not “set in stone”. Weather, group dynamics, energy levels, and the unexpected play a part in outdoor experiences. It is our first priority to maintain a safe and enjoyable experience. This is a guideline that we will try and follow. Any significant changes will be communicated to our contact person.