

Raft n' Ropes

This two or three day program implements team building initiatives through a variety of outdoor activities, including low ropes elements and white water rafting. We will emphasize through each initiative, including the rafting trip, goal development, group problem solving, and conflict resolution in order to foster a more productive, healthy group dynamic for your group. In addition, participants will gain experience in hard skills such as basic river safety, paddling techniques, and basic rope work.

Day 1 – Team building and leadership skills

We will be utilizing a variety of ice breakers, de-inhibitizers, and low ropes elements and initiatives to evaluate your group and create a healthy group dynamic.

Day 2 – Advanced initiatives and introduction to white water rafting

Get ready to face more advanced challenges that will push your group to the limits of their problem solving abilities!! The afternoon will then be spent on the water learning the basics of river safety and paddling techniques.

Day 3 – White water Rafting

The entire day will be spent on the river! Participants will utilize all the skills learned over the previous two days and challenge themselves on Class II, III, and IV rivers.